

## Semester-II

<b>Programme</b>	BSSW	<b>Course Code</b>	ISWf-112	<b>Credit Hours</b>	3
<b>Course Title</b>	Introduction to Social Welfare				
<b>Course Introduction</b>					
<p><b>This course is designed to provide students with a foundational understanding of Social Welfare as an academic discipline and a practice-based profession. It explores the field of Social Welfare within the broader context of social sciences, focusing on addressing social problems and developing effective interventions. The course covers the essential principles, methods, and historical development of Social Welfare, emphasizing their importance in meeting the needs and challenges of various societal groups. Additionally, it explores contemporary trends, ethical considerations, and the role of Social Work in promoting social justice and human rights.</b></p>					
<b>Learning Outcomes</b>					
<p>On the completion of the course, the students will:</p> <ol style="list-style-type: none"> <li>1. Understand fundamental principles and ethical foundations of Social Work and Social Welfare.</li> <li>2. Apply diverse methods of social work practice to address contemporary societal challenges.</li> <li>3. Analyze historical and current trends in Social Welfare, including policy impacts.</li> <li>4. Integrate multidisciplinary approaches for holistic social work interventions.</li> <li>5. Critically evaluate social welfare structures, policies, and their effectiveness in promoting social justice.</li> </ol>					
<b>Course Content</b>				<b>Assignments/Readings</b>	
<b>Week 1</b>	<p><b>Unit-I</b></p> <p>1.2 Introduction to Social Work</p> <p style="padding-left: 40px;">1.2.1 Definition and scope of social work</p> <p style="padding-left: 40px;">1.2.2 Philosophical and ethical foundations</p>				
<b>Week 2</b>	<p><b>Unit-II</b></p> <p>2.2 Basic Principles of Social Work</p> <p style="padding-left: 40px;">2.2.1 Basic principles of social work</p> <p style="padding-left: 40px;">2.2.2 Professional and voluntary social work</p>				

<b>Week 3</b>	<p><b>Unit-III</b></p> <p>3.2 Islamic Perspective on Social Work</p> <p>3.2.1 Islamic perspective on social work</p> <p>3.2.2 Contemporary challenges and opportunities in social work</p>	
<b>Week 4-6</b>	<p><b>Unit-IV</b></p> <p>4.2 Modern Concepts in Social Work</p> <p>4.2.1 Preventive approaches</p> <p>4.2.2 Curative interventions</p> <p>4.2.3 Rehabilitative strategies</p> <p>4.2.4 Empowerment and advocacy</p> <p>4.2.5 Sustainable development goals and social work</p>	
<b>Week 7-8</b>	<p><b>Unit-V</b></p> <p>b. Social Work Methods</p> <p>i. Social Case Work</p> <p>ii. Social Group Work</p> <p>iii. Community Organization and Development</p> <p>iv. Social Research</p> <p>v. Social Welfare Management (Administration)</p> <p>vi. Social Action</p> <p>vii. Policy Practice and Analysis</p>	
<b>Week 9</b>	<b>Mid-Term Exam</b>	
<b>Week 10</b>	<p>viii. Multidisciplinary Approaches</p> <p>ix. Evidence-Based Practice</p>	
<b>Week 11-13</b>	<p><b>Unit-VI</b></p> <p>6.2 Fields of Social Work Practice</p> <p>6.2.1 Child Welfare and Protection</p> <p>6.2.2 Healthcare and Medical Social</p>	

	<p>Work</p> <p>6.2.3 Mental Health and Psychiatric Social Work</p> <p>6.2.4 School Social Work</p> <p>6.2.5 Gerontology and Elder Care</p> <p>6.2.6 Correctional Social Work</p> <p>6.2.7 Disaster Management and Humanitarian Aid</p>	
<b>Week 14</b>	<p><b>Unit-VII</b></p> <p>7.2 Concepts and Definitions in Social Welfare</p> <p>7.2.1 Functional definitions</p> <p>7.2.2 Descriptive definitions</p> <p>7.2.3 Comparative analysis of social welfare concepts</p>	
<b>Week 15</b>	<p><b>Unit-VIII</b></p> <p>8.2 Relationship between Social Welfare and Social Work</p> <p>8.2.1 Interdependence and distinctions</p> <p>8.2.2 Collaborative models of practice</p>	
<b>Week 16</b>	<p><b>Unit-IX</b></p> <p>9.2 Historical Development of Social Welfare in Pakistan</p> <p>9.2.1 Colonial period and early initiatives</p> <p>9.2.2 Post-independence developments</p> <p>9.2.3 Evolution of social welfare policies</p>	
<b>Week 17</b>	<b>Unit-X</b>	

	10.2 National Social Welfare Policies in Pakistan		
	10.2.1 Social welfare plans of 1955, 1988, and 1992		
	10.2.2 Social welfare policy of 1994		
	10.2.3 Contemporary social protection nets and programs		
	10.2.4 Critical evaluation of current policies		
<b>Week 18</b>	<b>Final Term Exam</b>		
<b>Textbooks and Reading Material</b>			
3. Kirst-Ashman, K. K. (2017). <i>Introduction to social work and social welfare: critical thinking perspectives</i> . Boston: Cengage learning. 4. Zastrow, C.H. (2013). <i>The practice of social work: a comprehensive worktext</i> . Belmont: Cengage learning.			
<i>Suggested Readings</i>			
4. Baldock, J. et al. (2003). <i>Social policy</i> . Oxford: Oxford University Press. 5. Blau, J & Abromovitz, M. (2010). <i>Dynamics of social welfare policy</i> . New York: Oxford University Press. 6. Rahmatullah, S. (2000). <i>Social welfare in Pakistan</i> . Karachi: Oxford University Press.			
<b>Teaching Learning Strategies</b>			
1. Presentations 2. Lectures 3. Assignments			
<b>Assignments: Types and Number with Calendar</b>			
<b>Assessment</b>			
<b>Sr. No.</b>	<b>Elements</b>	<b>Weightage</b>	<b>Details</b>
7.	Midterm Assessment	35%	Written Assessment at the mid-point of the semester.
8.	Formative Assessment	25%	Continuous assessment includes: Classroom participation, assignments, presentations, viva voce, attitude and behavior, hands-on-activities, short tests, projects, practical, reflections, readings, quizzes etc.

9.	Final Assessment	40%	Written Examination at the end of the semester. It is mostly in the form of a test, but owing to the nature of the course the teacher may assess their students based on term paper, research proposal development, field work and report writing etc.
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